

FULLING LIVES

Newcastle Gateshead

Year 1 Review and Evaluation Findings



CHANGING LIVES

What is Fulfilling Lives?

- Big Lottery funded programme aiming to better support people with multiple and complex needs and work in partnership to effect system change
- £5.5m over 8 years working across Gateshead & Newcastle
- Multiple & complex needs defined as having a combination of:
 - Addiction
 - Poor mental health
 - Homelessness
 - Offending history
 - AND ineffective contact with services
- Core partnership: Changing Lives, Oasis Aquila Housing, Mental Health Concern
- Delivery partners: Blue Stone Consortium:
 - Tyneside & Northumberland Mind, Age UK Newcastle, Tyneside Women's Health, Advocacy Centre North

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OUR KEY PRINCIPLES

For our clients:

- A whole person approach
- Stickability
- Asset based approach
- No signposting

For the system

- A whole system & preventative approach
- Try new things
- Reflective learning and development
- Listening and collaboration
- Sharing evidence and learning from the programme at a regional and national level



OUR CLIENTS SO FAR

- Most likely to be **white, male**, aged **25 – 34**
- Second most common profile is **white, females**, aged **25 - 34**
- **Fear** is a de-motivating factor for service users
- **16 times** more likely to be **self-harming** than an average adult
- At least **25%** have **no educational qualifications**
- **37%** of female clients have a **child no longer in their custody**
- **95%** of offenders have **mental health needs** and **98%** have **substance misuse problems**
- **Men** are much more likely to present with **all four needs**



OUTCOMES IN YEAR 1

- After 6 months of engagement the average NDTA score has **reduced by 9 points** from 29 to 20
- Current active caseload of **115 clients**
- **15** beneficiaries have progressed to **move-on support**
- Only **7** beneficiaries currently **disengaged**

On average, after six months of engagement:



Beneficiaries have moved from being at **immediate risk of loss of accommodation** to **living in short term or temporary accommodation**



Beneficiaries drug or alcohol use has moved from **recurrent use of alcohol or drug abuse** to **some use of alcohol or drug abuse** with only some effect on ability to function



Beneficiaries have moved from showing **definite indicators** of deliberate self-harm or risk of suicide to **minor concerns** about self-harm and suicide risk

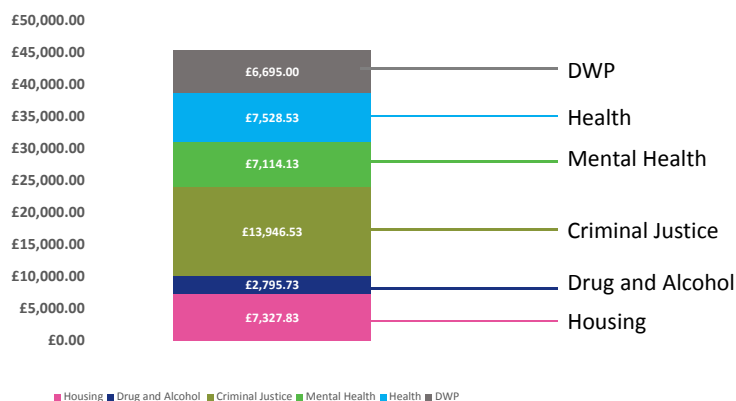


Beneficiaries behaviour has moved from **risk to property and/or risk to physical safety** of others to **minor anti-social behaviour**



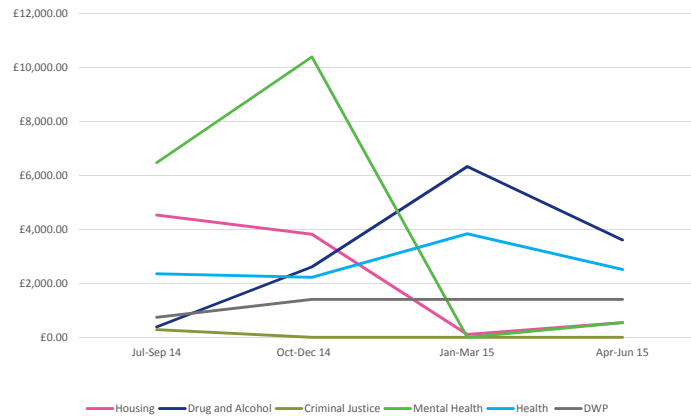
COSTS TO THE SYSTEM

- Estimated average cost of **£45,000 per person** annually
- This equates to an approximately **£133 million** per year to Newcastle and Gateshead



INDIVIDUAL COST ESTIMATE EXAMPLE

From July 2014 – June 2015 it is estimated that Grace has cost approximately **£55,500**.



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EXAMPLES OF SYSTEM CHANGE ACTIVITY

- Workforce development for GP receptionists
- Extending the principles of Fulfilling Lives programme into new care models:
 - navigation in Northumbria Probation CRC
 - proposed System Brokers / Peer Mentors in CCG and NTW Urgent Care Hub
- Psychologically Informed Environments

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RECOMMENDATIONS

Gateshead Health and Wellbeing Board:

1. Continue to work within the Fulfilling Lives Partnership - to improve outcomes for people with multiple and complex needs who face ingrained inequality
2. Consider the potential for using the Navigator Model for working with vulnerable clients in other settings
3. Support Fulfilling Lives' efforts to demonstrate the costs of the client group and identify opportunities for budget savings
4. Consider opportunities for joining up future commissioning decisions for this client group, across Newcastle/Gateshead and across all statutory bodies.

